

NOVEMBER 2023

Windsor Jr/Sr High School

Milk served daily.
 All breads are whole grain.
 Menu is subject to change.
 Assorted fruits and veggies served daily.

Monday

Tuesday

Wednesday

Thursday

Friday

Chef Salad or PBJ 1
 Chili Mac
 Green Beans
 Pineapple

Chef Salad or PBJ 2
 Hotdog on Bun
 French Fries
 Corn
 Peaches

PBJ or 3
 Loaded Baked Potato
 Taco Pizza
 Side Salad
 Fresh Fruit

PBJ 6
 BBQ Pork Nachos
 Salsa
 Corn
 Peaches

PBJ 7
 Sloppy Joe on Bun
 Tater Tots
 Baked Beans
 Mixed Fruit

PBJ 8
 Meatball Sub
 Chips
 Peas and carrots
 Pears

Thanksgiving Meal 9
 Roast Turkey
 Mashed Potatoes and Gravy
 Green Beans, Sweet Potatoes,
 Noodles, Dinner Roll
 Pumkin Bar

No Potatoes 10
 PBJ or Pizza Ripper
 Pizza Sauce
 Side Salad
 Fresh Fruit
 Ice Cream Cup

PBJ 13
 BBQ Rib on Bun
 Baked Beans
 Pears

PBJ or Chef Salad 14
 Chili Crispito
 Corn
 Chips and Salsa
 Tropical Fruit

PBJ or Chef Salad 15
 Chicken Alfredo
 Bread Stick
 Green Beans
 Applesauce

PBJ or Chef Salad 16
 Cheeseburger on Bun
 French Fries
 Peaches

PBJ or 17
 Loaded Baked Potato
 Pizza Choice
 Side Salad
 Fresh Fruit
 Pudding Cup

PBJ 20
 Cheese Quesadilla
 Black Bean
 Mexican Corn
 Peaches

PBJ 21
 Corndog
 Chips
 Carrot Sticks and Celery
 Pears

22
 No School
 Thanksgiving Break

23
 Happy Thanksgiving
 No School

24
 No School
 Thanksgiving Break

PBJ 27
 Chicken Nuggets
 Biscuit
 Tater tots
 Green Beans
 Applesauce

PBJ or Chef Salad 28
 Pizza Sandwich
 Pizza Sauce
 Peas or Carrots
 Mixed Fruit

PBJ or Chef Salad 29
 Taco Salad
 Refried Beans
 Chips and Salsa
 Pears

PBJ or Chef Salad 30
 Grilled Chicken on Bun
 Corn
 Peaches



Students have the option of 1 cup of vegetables and 1 cup of fruit a day.